

Hockanum Valley Community Council, Inc. (HVCC) is a private nonprofit human services agency. We provide services to all individuals and families in our area in a manner which promotes independence.

In support for the public, HVCC currently operates the following programs:

- Dial A Ride Transportation
- Elder Outreach Services Program
- Good Cents Treasures Thrift Store
- Counseling Services – including marital, family, and individual psychotherapy
- Brief Case Management
- Prescription Assistance Service
- Parenting Education Program
- Psychiatric Medical Service
- Family Violence Educational Program
- Addictions Counseling / Groups
- Anger Management



Hockanum Valley Community Council, Inc.

TESTING LOCATIONS:

- ◇ HVCC Counseling Suite (Mon.—Thurs.)
- ◇ MACC Shelter*
- ◇ Tri-town Food Pantry*
- ◇ Cornerstone Shelter*
- ◇ Manchester Memorial Hospital (ER)*
- ◇ Rockville General Hospital (ER)*

*Testing days and times vary by location. All locations provide non-invasive, rapid testing with results provided in 20 minutes.

For More Information Please Contact:

Casey Smith-Speirs, M.S.W.
Clinician / Prevention Specialist
HIV Prevention Program
27 Naek Road, Suite 4
Vernon, CT 06066

Phone (860) 872-9825 x15
Fax (860) 870-9384
csmith-speirs@hvcchelps.org

HVCC services are available without regard to race, color, creed, gender, sexual orientation, disabilities, learning disabilities, national origin, ancestry or language barriers.



RESPECT/CTR

Counseling, Testing and Referral



Prevention Counseling

... Providing confidential case management with empathy

Hockanum Valley helps . . .

What is **RESPECT/CTR**?

RESPECT is an individual-level, client-focused, HIV prevention counseling intervention, consisting of two brief interactive counseling sessions.

CTR is a 20-30 minute individual session consisting of confidential and/or anonymous HIV testing.

With each program, case managers follow a structured protocol to guide delivery of the intervention, using or creating a “teachable moment” to increase a person’s motivation to change risky behaviors.

The case manager works with the client to develop a risk reduction plan which also includes referrals as necessary.



Our Goal . . .

Effective client-centered HIV prevention counseling.

Core Elements:

- ◆ *1:1 Counseling*
- ◆ *To Increase Awareness*
- ◆ *To Reduce HIV/STD Exposure*
- ◆ *New Perspectives*
- ◆ *Identify Risky Behaviors*
- ◆ *To Create a Safety Plan*
- ◆ *Referrals Available*

Services Available to . . .

- ◇ All residents of Tolland County
- ◇ Men, Women and Adolescents
- ◇ Anyone interested in learning how to prevent the spread of HIV/AIDS

Staff...

Staff for the RESPECT/CTR Program includes two masters level clinicians who are certified HIV testers and counselors by the Connecticut Department of Public Health.

Additional Information . . .

Please visit our websites:

HVCC -

www.hvcchelps.org

DEBI Project -

www.effectiveinterventions.org

Funding . . .

At no cost to you, services are fully funded by a grant from the Department of Public Health.

Call (860) 872-9825